

HOW TO MAKE YOUR HUSBAND FALL IN LOVE WITH YOU AGAIN



**25 AWESOME TIPS THAT
WORK ALL THE TIME**

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**ARE YOU BOTHERED THAT YOUR HUSBAND DON'T LOVE YOU
ANYMORE?**



**AND YOU WANT TO LEARN HOW TO MAKE YOUR HUSBAND
FALL IN LOVE WITH YOU AGAIN?**

DON'T WORRY, YOU ARE NOT ALONE!

A recent report has shown that over 90% of marriages are experiencing lost in spark in their marriage to a certain level.

TOUCHING STORY..... try not to cry!

Beautiful story.....A very poor man lived with his wife.

One day, his wife, who had very long hair asked him to buy her a comb for her hair to grow well and to be well-groomed.

The man felt very sorry and said no. He explained that he did not even have enough money to fix the strap of his watch he had just broken.

She did not insist on her request.

The man went to work and passed by a watch shop, sold his damaged watch at a low price and went to buy a comb for his wife.

He came home in the evening with the comb in his hand ready to give to his wife.

He was surprised when he saw his wife with a very short hair cut.

She had sold her hair and was holding a new watch band.

Tears flowed simultaneously from their eyes, not for the futility of their actions, but for the reciprocity of their love.

WHY YOU SHOULD NOT WORRY?

There are few reasons why love and spark disappear from your marriage. It could be because of :

- a. He is too busy with work because your family is growing bigger and with kids, your expenses surely grow too.
- b. Kids come between you and your husband and the routine with kids takes away your romantic time with your husband.
- c. You are busy with the kids or career because of growing commitments, responsibilities and financial needs.
- d. You think you are not beautiful anymore and therefore you have a sense of low self-esteem and lack of confidence.
- e. Both of you are experiencing missing tiles syndrome.

THE GOOD NEWS

90% of marriages that are going through the storm can be saved, unless they fall into a quick sand. Quick sand is when the couples find each others mistake and things get from bad to worse.

This E-Book is designed specifically to help you to make your husband to fall in love with you again and again.

1. WORK ON YOUR APPEARANCE

Whether you are single, engaged, married, a mom with one kid or 10 kids, APPEARANCE MATTERS!

Biggest mistake most married women do is they stop impressing their husbands. Dress up, make up and show up!



Do not ignore your outward appearance and inner beauty. Never underestimate the power of first impression.

Always wear clothes that make you look attractive. Do not wear something just because it's comfortable. Update your hairstyle every year. Change your lipstick color every now and then and remember, make up dress up, show up and he will wake up.

2. RESPECT HIM

You married the man you respect. Now respect the man you married.

Apart from love, respect is second most important thing for a husband. How you think of him affects how you speak to him. If you think he is inferior, your words and actions will follow in disrespectful manner. If you feel he is superior or equal, you will tend to filter your words and careful with your action.



Respect does not mean he has to have the final say in everything. You can have too. The most important is you know what are his wants, needs and likes and he is aware that you are paying attention to them. That is more than enough to show that you respect him and your husband will feel he is heard, understood and respected.

3. SURPRISE HIM WITH A GIFT

Surprising your husband once in a while (NOT ALWAYS) with a simple gift goes a long way. It will surely keep him in a happy mood through out the day. Don't just surprise your kids. Surprise him too.

It can be as simple as something you bought for him when you first went out for a date or something that he has been thinking to buy.



It may not necessarily be monetary. For example if he doesn't like the wardrobe or the house is messy, surprise him by cleaning it up neat and look at his reaction when he reaches home.

You can also surprise him by changing your appearance in a way that he has always wanted to see you. It can be your make up, dress up or hair style. Surprises are catalyst for a lasting relationship.

4. SPEND QUALITY TIME

You maybe busy with kids or career leaving you limited time with your husband. Worse still if both of you are on shift and you only meet your husband as you enter the house and he leaves to work.



Try to find a romantic time together, or take a walk to the nearest beach or lying down at the couch watching a movie together or do something together while you keep your phones away.

This will bring your husband closer to you. If he is watching a football match, sit next to him and watch, shout, cheer together. To spice it up, you can support the opposite team. You may end up in bed making love after the football match.

Taking shower together is also a form of quality moment together. Try it out. You may feel awkward but you will not regret it.

5. BE ADVENTUROUS ON THE BED

Do you still remember the first month you made love with your husband? It lasted so much longer, more exciting and more frequent compared to now, you are lucky to have it once a month.

What if you could surprise him on the bed? What if you could make him want you on the bed every day?



It doesn't mean extreme adventures like anal sex or fetish, but more of experimenting different ways of doing it. It can be your style, your venue or how you start it or even a role play between both of you when you pretend to be a doctor and he can pretend to be a patient.

He will be surprised to see how well you have graduated and make him excited on the bed. He may end up coming back home earlier than usual almost every day thanks to the new you.

6. CUT OFF YOUR DIRTY MANNERS

We all have some dirty manners. The only difference is, some of us do it publicly and some do it privately when there is no one around.

Dirty manners can be the words you chose to say, the habits you do subconsciously like picking your nose or teeth in front of him or in public, the way you speak to your husband like yelling, shouting, screaming or instructing in public or it can be like farting whenever you feel like letting it go.



Part ways with all your dirty habits and you will begin to notice your husband gets closer to you. And when he compliments you, say that you changed because he doesn't like it.

Would your husband fall in love with you in the first place if he knew about your dirty habits? If no, then fix it.

7. TOUCH HIM MORE AND BE TOUCHED MORE

Long term couples don't touch enough. The longer the relationship the lesser the touchy-feely between both of you.

When you touch each other, especially skin to skin, the brain releases happy chemical called Oxytocin which is related to love.



Think about how often you and your husband share physical contact on daily basis. It can be as simple as holding hands, or him massage you or cuddling each other while watching television.

Try to think of his sensitive body parts which can arouse him or tickle him. And when the time is right, touch him tickle him or arouse him so that you trigger his love hormones.

8. ENCOURAGE HIM TO GO OUT WITH HIS FRIENDS

Do you know that the more you control your husband the more he wants to be free?

By letting him go out, hang with his friends and see the world, he will notice the difference between you and his friends wives when he speaks to them. They will praise him for having such an understanding wife and he will start to feel lucky and blessed. By doing this you are actually respecting his privacy and space and he will feel the same.



Try to invite his friends to your house and throw a simple party. He will love you back madly.

9. AVOID BEING CRITICAL

Biggest mistake that many wives do subconsciously is being critical of their husbands. This has to be avoided completely if you intend to have him back in your arms till your last breath.

If you do not like something about him, don't complain about it over and over again. It can be his habits, or something he has done to you or others, or the way do things. It is important to raise your concern but to keep repeating like an old tape recorder will only bring him further away from you.



Most importantly, never criticize him in public, in-front of kids or others. It's your responsibility to look after his image and reputation. Remember, your daughter will treat her husband the same way you treat yours, and your son will let his wife treat him the same way because kids inherit what they see and experience.

10. DO THINGS TOGETHER (SYNCHRONIZED ACTIVITY)

Do you know that when you do things together, you and your husband are bonded closer and more intimate subconsciously?

It can be things like hiking, jogging, walking, swimming, cycling, cooking, watching movie, or anything that requires synchronized movements. It works all the time.



Try to pick a hobby or more that both of you enjoy and do it frequently. The magic of this trick is you don't even have to speak about love while you are enjoying your hobby. It just works silently.

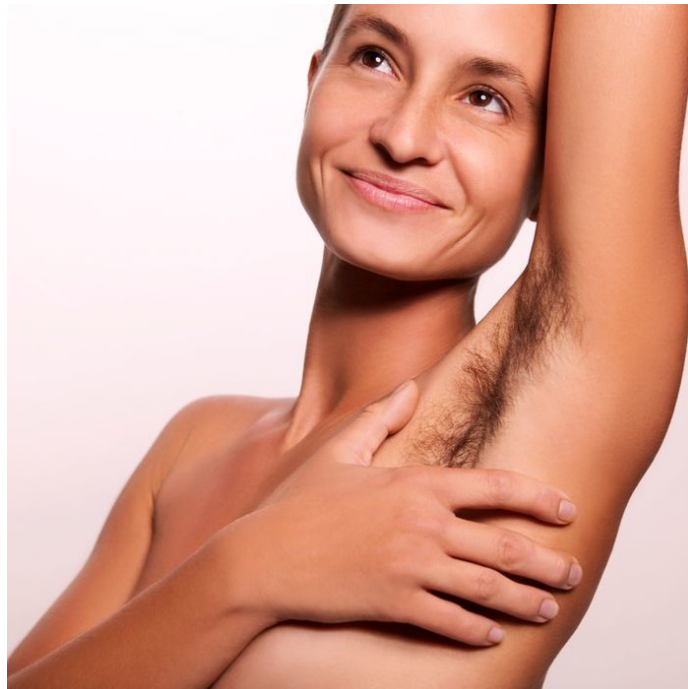
Have you ever wondered why people at work always follow one of their superior's hobby like hiking or cycling or karaoke? Because people like people who are like them. Yes, you like people who are like you. So does your husband.

11. KEEP THEM CLEAN AND HYGENIC

The most common complaints from husbands are, wives no longer shave their armpits, keep their private garden trimmed and nasal / nose hair sticking out of the nose.

YES! It spells YUCKSSS! Invest in a good shaver., a pair of tweezers and a nose hair trimmer. This investment will save your marriage.

Imagine this, you are kissing him passionately and suddenly he gets turned off because hair is sticking out of your nose. Or as he is exploring your body, suddenly he noticed you forgot to shave your armpit.



ALWAYS TRIM OR SHAVE THEM!

You never know when he is in the mood and wants a shot at you.

Keep them clean, hygiene and explorable.

12. BRUSH AND FLOSS YOUR TEETH OFTEN

According to study by marriage experts, breath odor plays important role in intimacy between you and your husband.

Ignoring the importance of your breath odor will impact the intimacy between you two. He will start to avoid hugs, kisses, cuddles and this will be the beginning of an end.



Good breath will stimulate kissing, smooching, cuddling, hugging and will lead to many intimate moments.

And when you are confident that your breath smells good, try to get closer to him and allow him to smell your breath and he will surely be caught by surprise, if you are lucky, he will be aroused too.

13. THANK HIM AND EXPLAIN WHY YOU DID SO

Imagine your husband says to you that both of you and kids are going out for dinner or lunch for the day and that you don't have to cook. God knows how much lighter your shoulder be for the day, as you don't have to cook and wash the dishes.

Instead of just talking about how good the dinner was, or how great family time you had, add an icing on the cake by saying:

"THANK YOU FOR THE DINNER"

"BECAUSE OF YOU, I AM ABLE TO REST A LITTLE BIT TODAY."



When you say that to him, he will feel appreciated and at the same time, most importantly you are sending him a silent message saying that you need some space to breath and chances are, he could repeat it more often so that you can be more relaxed.

14. WASH YOUR HOME ATTIRES REGULARLY

If you are a working wife or a fulltime housewife, your biggest sin is recycling your pyjamas without washing them. Report has shown that some of you keep the your night dress for few nights before you wash them. IT STINKS now matter how many times in a day you shower. Because when you sleep your body released odor that will stick to your clothes. WASH them every morning / day.

The same goes to your home attires that you wear when you do your house chores. If you sweat, change them once you have completed your chores or before he reaches home. Always give a good first impression when he reach home.



15. REMEMBER YOUR DEODORANT

Everybody sweats, and everybody have their own body odor when they sweat. What's most important is to make sure your odor does not trouble others, especially your husband.

Make sure the deodorant you are using is suitable for your body. Not all deodorant can go well with you when you sweat. Some don't and they release odor that can push people a mile away from you.



If you feel body spray doesn't work for you, try roll on or crystal stones. And make sure to minimize herbs and spices in your food intake to avoid excessive body odor. This including curry, onions, garlics and if you must have them, flush it out with water.. loads and loads of water.

16. YOUR HUSBAND CARES ABOUT YOUR SMELL

The better you smell, the more excited and aroused your husband will be. Make sure you smell good all the time.

You don't have to buy expensive perfumes to have your husband in your arms. Simple scents will do, you can buy them from pharmacies like Watsons, Caring, Guardian and they last long. You just have to make sure you choose the scent that is suitable to you and your husband. Some like mild, some like strong and some like



Remember, it doesn't have to be expensive, it just have to make you smell good. A little bit of perfume or body spray goes a long way. It stimulates his brain and excites him about you. Plus, who doesn't like anything that smells good.

BUT - DO NOT SPRAY TOO MUCH. IT TURNS OFF THE MOOD.

17. SUPPORT HIS DREAM OR HOBBY

Your husband may have a hobby which could be hiking, reading, running, football, movies, gardening, singing or even cooking.

Imagine you have a hobby and your husband supports you even if he is not into it. How would you feel? You will feel flattered, encouraged, appreciated and loved don't you?

The same goes to him, if you support or encourage his hobby or dream, he knows you have his back and that will only make him love you more and encourage him to do his best.



As long as his hobby is not a bad thing or takes away the time with kids or family and it doesn't come in between your responsibility at work or home, it will do no harm if you support his hobby or dream.

18. DEFEND HIS ACTION, CORRECT HIM LATER

At times you will notice he may say or do things that are not acceptable or you feel they are slightly over the line.

For example, he is honking madly at a car that was driven recklessly, or he is cursing over something that happened to him and you know he should know behave the way he is behaving.

Work your magic during this situation. People like people who are like them. So be on his boat, and tell him that you are upset too. And show your frustration too. He will feel you understand him and support him.



And when he has calmed down, maybe a day later you can tell him that he could have handled it in a better way. Say it while you are cuddling, or picking his grey hair, or massaging his body or even during gardening. Give a constructive advise only!

19. HIT THE GYM TO GET GLOWING FACE

Yes, regular facial alone doesn't give you glowing face. You must hit the gym so that you have a glowing face and jovial mood!

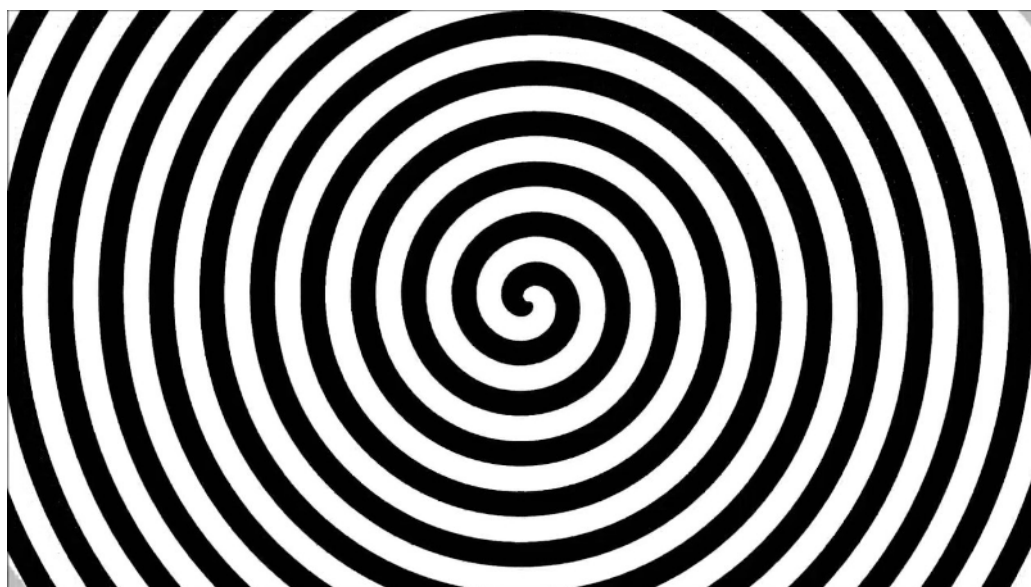
When you exercise, your body releases chemicals called endorphins. These endorphins interact with the receptors in your brain that reduce your perception of pain. Endorphins also trigger a positive feeling in the body, similar to that of morphine.



Exercise helps to release the toxic from your body, releases happy chemical called Endorphin and pumps up the blood to your brain. This process makes your face look more glowing and your mood more jovial. 5 minutes in the morning is a good start. Try it out!

20. ASK HYPNOTIC QUESTIONS

Asking hypnotic questions will not only make him excited but also make him feel valued, heard and appreciated. You can ask questions such as his best childhood memories, his favorite songs from school days, best achievements in life before he met you and many more.



Examples of Hypnotic questions:

- What do you find easy for you but hard for others to do?
- Can you share with me one of your best and funniest childhood experience that make you smile or laugh till today?
- What actually inspired you to do this? (his dream job or passion)
- Can you share with your best achievement in life, maybe you won a competition, or saved someone's life or anything that makes your proud.
- Of all the lows in life that you have gone through, which still hurts you till today?

21. KNOW HIS LOVE LANGUAGE

Did you know that there are 5 types of love language? Love language differs from one person to another. You need to identify what is his love language and communicate with him in his language so that he understands that he is loved, cared, appreciated, valued and respected.

LOVE LANGUAGE

WHICH LOVE LANGUAGE?	HOW TO COMMUNICATE	ACTIONS TO TAKE	THINGS TO AVOID
 WORDS OF AFFIRMATION	Encourage, affirm, appreciate, empathize. Listen actively.	Send an unexpected note, text, or card. Encourage genuinely and often.	Non-constructive criticism, not recognizing or appreciating effort.
 PHYSICAL TOUCH	Non-verbal - use body language and touch to emphasize love.	Hug, kiss, hold hands, show physical affection regularly. Make intimacy a thoughtful priority.	Physical neglect, long stints without intimacy, receiving affection coldly.
 RECEIVING GIFTS	Thoughtfulness, make your spouse a priority, speak purposefully.	Give thoughtful gifts and gestures. Small things matter in a big way. Express gratitude when receiving a gift.	Forgetting special occasions, unenthusiastic gift receiving.
 QUALITY TIME	Uninterrupted and focused conversations. One-on-one time is critical.	Create special moments together, take walks and do small things with your spouse. Weekend getaways are huge.	Distractions when spending time together. Long stints without one-on-one time.
 ACTS OF SERVICE	Use action phrases like "I'll help...". They want to know you're with them, partnered with them.	Do chores together or make them breakfast in bed. Go out of your way to help alleviate their daily workload.	Making the requests of others a higher priority, lacking follow-through on tasks big and small.

Know his love language, adjust your expression accordingly so that he will notice no other person understands him as you do.

22. COMPLIMENT HIM INFRONT OF OTHERS

The long-term success of a marriage is partly dependent on how both parties show gratitude for each other. One way you can show how grateful you are is by complimenting your spouse regularly. By complimenting your wife or husband you focus on the positive you see in them. The good news is that compliments are simple and cost nothing. Make sure you sincerely compliment your spouse at least once every day



When you make an effort to compliment him in front of others, it shows that you love him and accept him completely. You will help boost his confidence in himself and in the relationship.

Compliments can be as simple as how much he helps you doing house chores, how he treat the kids or your mother or even how he spends each night massaging you before you go to bed.

23. KNOW IS M.I.V. (MOST IMPORTANT VALUE)

Everybody have their own M.I.V. This includes your husband. Your husband has his own M.I.V and it may not necessarily be the same as yours even if you declare that both of you are soul mates.

To understand M.I.V. answer simple questions below:

- a. Imagine you're given RM5,000 to buy as many things you want and you must finish the money, list the things you'll buy.
- b. Imagine if you are given 1 week to spend time doing anything you want to, list the things you would love to do.

Now, ask the same question to 5 different people, would the answers be the same? Obviously NO!



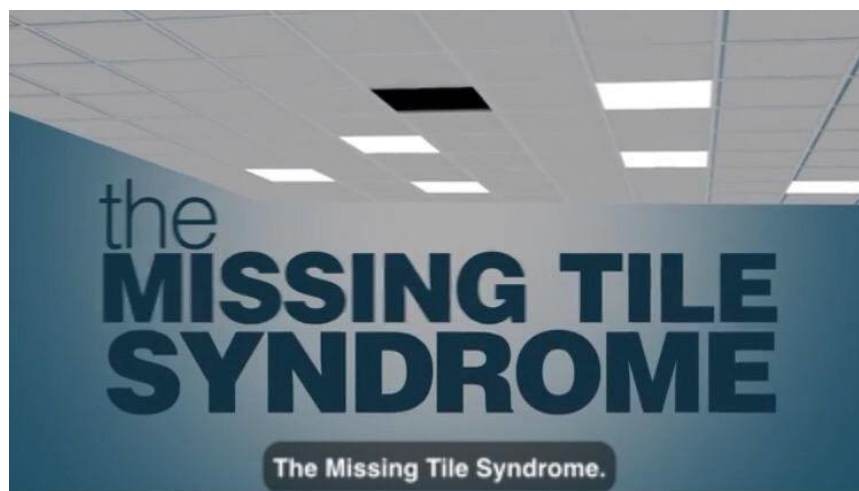
Likewise, your husband may have set of M.I.V. which could be different than what you were thinking all these while.

M.I.V. applies to his hobbies, how he spend his free time, his dream or goals, his favorite food, things he cherish and memories he remembers fondly. Know them and use it to your advantage.

24. MISSING TILES SYNDROME

Imagine this Scenario...

Imagine that you are in a dentist's office having your teeth cleaned and are thus focused on the ceiling above you. As you glance around the room, you notice that one of the ceiling tiles is missing. As human beings, we have a tendency to focus on what is missing instead of on what is present.



This is the reason when you want to buy a blue color Honda City, you'll always notice blue color Honda on the road. If you want to get pregnant, you always notice pregnant ladies around you. If you want get married, you always notice happily married people around you. We always tend to focus what's missing in our lives.

As human beings, we have a tendency to focus on what is missing in our lives. It can be missing fatherhood figure during childhood, or lack of self esteem or self confidence, happiness at workplace, a better career or anything that makes a person feel empty or needs someone to talk to but you hardly listen. FIND WHAT IS HIS!

25. ASK HIS OPINION AND GIVE VALUE TO HIS OPINIONS

As and when possible, take the initiative of asking his opinion for the things you do. By giving him a chance to express his opinions, you are actually respecting him and value his suggestions. This will obviously create a good impression on him.



You can ask about anything from sports, his favorite hobbies, current issues happening around you or in the country or anything that you know he would love to share his opinion.

IMPORTANT NOTE:

When he is giving his opinion, please pay full attention to him. Look into his eyes and focus on what he says. Do not fidget, look away or play with your phone. This will switch him off and make him feel not appreciated.

WHY YOUR HUSBAND IS SILENT IN THE EVENING

Did you know that women utter an average of 20,000 words a day while men speak an average of only 7,000 words a day?

Chances are, by the time your husband reaches home, he has already completed his quota of 7,000 words and that is why most often he just lay down on the couch flipping through his phone or TV channels



SO HOW TO YOU TAKE ADVANTAGE OF THIS?

All you have to do is speak to him and get him to speak more with you in the morning before he leaves to work. By doing so, he will enjoy the conversation with you because his daily inventory is still at 7,000 and he is still energetic and full with words to speak.

REMEMBER - DON'T PICK A FIGHT!

Speak in a way that inspires and motivates him to speak to you.

A VERY TOUCHING STORY.. YOU WILL CRY READING

When I got home that night as my wife served dinner, I held her hand and said, I've got something to tell you. She sat down and ate quietly. Again I observed the hurt in her eyes.

Suddenly I didn't know how to open my mouth. But I had to let her know what I was thinking. I want a divorce. I raised the topic calmly.

She didn't seem to be annoyed by my words, instead she asked me softly, why?

I avoided her question. This made her angry. She threw away the chopsticks and shouted at me, you are not a man! That night, we didn't talk to each other. She was weeping. I knew she wanted to find out what had happened to our marriage. But I could hardly give her a satisfactory answer; she had lost my heart to Jane. I didn't love her anymore. I just pitied her!



HOW TO MAKE YOUR HUSBAND FALL IN LOVE WITH YOU AGAIN

With a deep sense of guilt, I drafted a divorce agreement which stated that she could own our house, our car, and 30% stake of my company.

She glanced at it and then tore it into pieces. The woman who had spent ten years of her life with me had become a stranger. I felt sorry for her wasted time, resources and energy but I could not take back what I had said for I loved Jane so dearly. Finally she cried loudly in front of me, which was what I had expected to see. To me her cry was actually a kind of release. The idea of divorce which had obsessed me for several weeks seemed to be firmer and clearer now.

The next day, I came back home very late and found her writing something at the table. I didn't have supper but went straight to sleep and fell asleep very fast because I was tired after an eventful day with Jane.

When I woke up, she was still there at the table writing. I just did not care so I turned over and was asleep again.



HOW TO MAKE YOUR HUSBAND FALL IN LOVE WITH YOU AGAIN

In the morning she presented her divorce conditions: she didn't want anything from me, but needed a month's notice before the divorce. She requested that in that one month we both struggle to live as normal a life as possible. Her reasons were simple: our son had his exams in a month's time and she didn't want to disrupt him with our broken marriage.

This was agreeable to me. But she had something more, she asked me to recall how I had carried her into our bridal room on our wedding day.

She requested that every day for the month's duration I carry her out of our bedroom to the front door every morning. I thought she was going crazy. Just to make our last days together bearable I accepted her odd request.



I told Jane about my wife's divorce conditions. She laughed loudly and thought it was absurd. No matter what tricks she applies, she has to face the divorce, she said scornfully.

HOW TO MAKE YOUR HUSBAND FALL IN LOVE WITH YOU AGAIN

My wife and I hadn't had any body contact since my divorce intention was explicitly expressed. So when I carried her out on the first day, we both appeared clumsy. Our son clapped behind us, daddy is holding mommy in his arms. His words brought me a sense of pain. From the bedroom to the sitting room, then to the door, I walked over ten meters with her in my arms. She closed her eyes and said softly; don't tell our son about the divorce. I nodded, feeling somewhat upset. I put her down outside the door. She went to wait for the bus to work. I drove alone to the office.



On the second day, both of us acted much more easily. She leaned on my chest. I could smell the fragrance of her blouse. I realized that I hadn't looked at this woman carefully for a long time. I realized she was not young any more. There were fine wrinkles on her face, her hair was graying! Our marriage had taken its toll on her. For a minute I wondered what I had done to her.

On the fourth day, when I lifted her up, I felt a sense of intimacy returning. This was the woman who had given ten years of her life to me.

On the fifth and sixth day, I realized that our sense of intimacy was growing again. I didn't tell Jane about this. It became easier to carry her as the month slipped by. Perhaps the everyday workout made me stronger.



She was choosing what to wear one morning. She tried on quite a few dresses but could not find a suitable one. Then she sighed, all my dresses have grown bigger. I suddenly realized that she had grown so thin, that was the reason why I could carry her more easily.

Suddenly it hit me... she had buried so much pain and bitterness in her heart. Subconsciously I reached out and touched her head.

HOW TO MAKE YOUR HUSBAND FALL IN LOVE WITH YOU AGAIN

Our son came in at the moment and said, Dad, it's time to carry mom out. To him, seeing his father carrying his mother out had become an essential part of his life. My wife gestured to our son to come closer and hugged him tightly. I turned my face away because I was afraid I might change my mind at this last minute. I then held her in my arms, walking from the bedroom, through the sitting room, to the hallway. Her hand surrounded my neck softly and naturally. I held her body tightly; it was just like our wedding day.

But her much lighter weight made me sad. On the last day, when I held her in my arms I could hardly move a step. Our son had gone to school. I held her tightly and said, I hadn't noticed that our life lacked intimacy.



I drove to office... jumped out of the car swiftly without locking the door. I was afraid any delay would make me change my mind... I walked upstairs. Jane opened the door and I said to her, Sorry, Jane, I do not want the divorce anymore.

HOW TO MAKE YOUR HUSBAND FALL IN LOVE WITH YOU AGAIN

She looked at me, astonished, and then touched my forehead. Do you have a fever? She said. I moved her hand off my head. Sorry, Jane, I said, I won't divorce. My marriage life was boring probably because she and I didn't value the details of our lives, not because we didn't love each other anymore. Now I realize that since I carried her into my home on our wedding day I am supposed to hold her until death do us apart.

Jane seemed to suddenly wake up. She gave me a loud slap and then slammed the door and burst into tears. I walked downstairs and drove away.



At the floral shop on the way, I ordered a bouquet of flowers for my wife. The salesgirl asked me what to write on the card. I smiled and wrote, I'll carry you out every morning until death do us apart.

HOW TO MAKE YOUR HUSBAND FALL IN LOVE WITH YOU AGAIN



That evening I arrived home, flowers in my hands, a smile on my face, I run up stairs, only to find my wife in the bed – dead.



HOW TO MAKE YOUR HUSBAND FALL IN LOVE WITH YOU AGAIN

My wife had been fighting CANCER for months and I was so busy with Jane to even notice. She knew that she would die soon and she wanted to save me from the whatever negative reaction from our son, in case we push thru with the divorce –At least, in the eyes of our son— I'm a loving husband...

The small details of your lives are what really matter in a relationship. It is not the mansion, the car, property, the money in the bank. These create an environment conducive for happiness but cannot give happiness in themselves. So find time to be your spouse's friend and do those little things for each other that build intimacy. Do have a real happy marriage!



In every disagreement in marriage, remember this one important truth: My spouse is my partner, not my enemy. We will either win together or we will lose together.

A successful marriage requires falling in love many times, always with the same person.



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